

Monday 13<sup>th</sup> November 2023

Dear Parents/Carers,

As parents and carers we all want our children to be happy and safe, and it is natural to worry about bullying - particularly if we have experienced bullying ourselves or think our child may be more vulnerable to bullying. The good news is you are not alone! The Anti-Bullying Alliance and its members are here to work with children, families, and schools to help keep children safe.

Anti-Bullying Week is an opportunity to spotlight bullying and consider the steps we can take together to stop it. This year the theme is 'Make a Noise About Bullying'.

As a parent or carer, you are a vital piece of the puzzle in tackling bullying. You have a unique role to play in guiding and supporting your child through their school years and there are many positive steps you can take to help keep your child safe from bullying and harm. One of the steps is knowing when to ask for support. Below is a link that will take you to the Parent Pack that has been created by the Anti-Bullying Alliance, it contains plenty of information and links to support parents and carers.

[Anti-Bullying Week 2023 - Parent Pack FINAL.pdf \(anti-bullyingalliance.org.uk\)](https://anti-bullyingalliance.org.uk/anti-bullying-week-2023-parent-pack-final.pdf)

Your sincerely,

Mrs Worrall